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# RUSHMORE PHYSICAL THERAPY, P.A.

*“Less Rush... More Care”*

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Family Owned & Operated

## Functional Capacity Evaluation

*A Functional Capacity Evaluation (FCE) is not a test, it is an evaluation of ones level of capacity to perform physical activities.*

*The goal of this evaluation is to provide accurate information of what an individual can safely do.*

### When is an FCE needed?

- Work injury
- Auto accident
- Chronic illness
- Pre-employment evaluation
- Disability claims
- ADA claims

Many patients who lose the normal function of a body part may have a residual level of impairment. This loss of function may be the result of a disease process or traumatic injury.

At the end or near completion of rehabilitation an FCE may be requested to determine final impairment level or functional deficits.

### Do you need answers to these questions?

- Is there a significant limitation of use of a body function or system?
- What objective data supports the impairment or loss of function?
- Can you support that an injury has prevented a patient from performing usual and customary daily activities?
- Can an individual return to work following an injury? And at what level?

## Functional Capacity Evaluation

### Areas of Performance Evaluated

- Current Complaints
- Perceived Limitations
- Sitting Tolerance
- Walking/Standing Tolerance
- Stair Climbing
- Grip Strength
- Manual dexterity
- Kneeling/Squatting
- Crawling
- Bending
- Repetitive Foot Movement
- Balance Static/Dynamic
- Lifting/Carrying
- Push/Pulling

*Evaluations usually take between 2-4 hours.  
Reports available within 48 hours.  
Evaluations are performed in our Delran and Hainesport locations by an “FCE” trained physical therapist only.*

*For more information or to schedule an FCE  
Contact us at:*

*Delran Office: 856.764.0494*

*Hainesport Office: 609.702.1515*

*Visit our website: [RushmorePT.com](http://RushmorePT.com)*

**James H. Rushmore, P.T.**

*License# 40QA00262900*

*[jrushmore@RushmorePT.com](mailto:jrushmore@RushmorePT.com)*